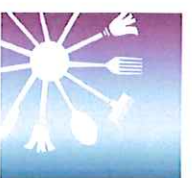


Interim Primary School Menu

September 2020 - October 2020

TO BE REVIEWED AGAIN DURING HALF TERM



Arlwo a Glanhu
NEWYDD
Catering & Cleaning

WEEKS COMMENCING - 28TH SEPT / 19TH OCT

MONDAY

Breakfast: Ukrop, Hash Brown and Baked Beans.
Served with gingerbread biscuit, water & fresh fruit.
OR
Sandwich & choice of Ham, Tuna, Chicken or Omelette.
Served with gingerbread biscuit, water & fresh fruit.
OR
Jacket Potato & choice of Tuna Mayo, Omelette or Beans.
Served with gingerbread biscuit, water & fresh fruit.

TUESDAY

Mac & Cheese with Garlic Bread Slice.
Served with fruit yogurt, water & fresh fruit.
OR
Sandwich & choice of Ham, Tuna, Chicken or Omelette.
Served with fruit yogurt, water & fresh fruit.
OR
Jacket Potato & choice of Tuna Mayo, Omelette or Beans.
Served with fruit yogurt, water & fresh fruit.

WEDNESDAY

Roast of the Day
Served with strawberry jelly, water & fresh fruit.
OR
Sandwich & choice of Ham, Tuna, Chicken or Omelette.
Served with strawberry jelly, water & fresh fruit.
OR
Jacket Potato & choice of Tuna Mayo, Omelette or Beans.
Served with strawberry jelly, water & fresh fruit.

THURSDAY

Chicken Curry & Rice.
Served with creamy mango, water & fresh fruit.
OR
Sandwich & choice of Ham, Tuna, Chicken or Omelette.
Served with creamy mango, water & fresh fruit.
OR
Jacket Potato & choice of Tuna Mayo, Omelette or Beans.
Served with creamy mango, water & fresh fruit.

FRIDAY

Chicken Nuggets, Chips & Peas.
Served with coleslaw, water & fresh fruit.
OR
Sandwich & choice of Ham, Tuna, Chicken or Omelette.
Served with coleslaw, water & fresh fruit.
OR
Jacket Potato & choice of Tuna Mayo, Omelette or Beans.
Served with coleslaw, water & fresh fruit.

VEGETARIAN/VEGETARIAN/VEGETARIAN ALSO AVAILABLE

WEEKS COMMENCING - 5TH OCT

MONDAY

Meatball Pasta Pot & Garlic Bread Slice.
Served with marinara sauce, water & fresh fruit.
OR
Sandwich & choice of Ham, Tuna, Chicken or Omelette.
Served with marinara sauce, water & fresh fruit.
OR
Jacket Potato & choice of Tuna Mayo, Omelette or Beans.
Served with marinara sauce, water & fresh fruit.

TUESDAY

Sausage, Mash & Beans.
Served with pineapple fruit pot, water & fresh fruit.
OR
Sandwich & choice of Ham, Tuna, Chicken or Omelette.
Served with pineapple fruit pot, water & fresh fruit.
OR
Jacket Potato & choice of Tuna Mayo, Omelette or Beans.
Served with pineapple fruit pot, water & fresh fruit.

WEDNESDAY

Baked Panini, Wedges & Coleslaw.
Served with marinara sauce, water & fresh fruit.
OR
Sandwich & choice of Ham, Tuna, Chicken or Omelette.
Served with marinara sauce, water & fresh fruit.
OR
Jacket Potato & choice of Tuna Mayo, Omelette or Beans.
Served with marinara sauce, water & fresh fruit.

THURSDAY

Pulled Pork Roll, Mixed Salad & Coleslaw.
Served with fruit yogurt, water & fresh fruit.
OR
Sandwich & choice of Ham, Tuna, Chicken or Omelette.
Served with fruit yogurt, water & fresh fruit.
OR
Jacket Potato & choice of Tuna Mayo, Omelette or Beans.
Served with fruit yogurt, water & fresh fruit.

FRIDAY

Fish Cake, Chips & Peas.
Served with ice cream, water & fresh fruit.
OR
Sandwich & choice of Ham, Tuna, Chicken or Omelette.
Served with ice cream, water & fresh fruit.
OR
Jacket Potato & choice of Tuna Mayo, Omelette or Beans.
Served with ice cream, water & fresh fruit.

VEGETARIAN/VEGETARIAN/VEGETARIAN ALSO AVAILABLE

WEEKS COMMENCING - 12TH OCT

MONDAY

Pasta Bolognese & Garlic Bread Slice.
Served with shortbread biscuit, water & fresh fruit.
OR
Sandwich & choice of Ham, Tuna, Chicken or Omelette.
Served with shortbread biscuit, water & fresh fruit.
OR
Jacket Potato & choice of Tuna Mayo, Omelette or Beans.
Served with shortbread biscuit, water & fresh fruit.

TUESDAY

Fish Fingers, Wedges & Peas.
Served with fruit yogurt, water & fresh fruit.
OR
Sandwich & choice of Ham, Tuna, Chicken or Omelette.
Served with fruit yogurt, water & fresh fruit.
OR
Jacket Potato & choice of Tuna Mayo, Omelette or Beans.
Served with fruit yogurt, water & fresh fruit.

WEDNESDAY

Roast of the Day
Served with ice cream, water & fresh fruit.
OR
Sandwich & choice of Ham, Tuna, Chicken or Omelette.
Served with ice cream, water & fresh fruit.
OR
Jacket Potato & choice of Tuna Mayo, Omelette or Beans.
Served with ice cream, water & fresh fruit.

THURSDAY

Tomato Pasta Pot & Garlic Bread Slice.
Served with chocolate brownie, water & fresh fruit.
OR
Sandwich & choice of Ham, Tuna, Chicken or Omelette.
Served with chocolate brownie, water & fresh fruit.
OR
Jacket Potato & choice of Tuna Mayo, Omelette or Beans.
Served with chocolate brownie, water & fresh fruit.

FRIDAY

Beef Burgers, Chips & Peas.
Served with orange jelly, water & fresh fruit.
OR
Sandwich & choice of Ham, Tuna, Chicken or Omelette.
Served with orange jelly, water & fresh fruit.
OR
Jacket Potato & choice of Tuna Mayo, Omelette or Beans.
Served with orange jelly, water & fresh fruit.

VEGETARIAN/VEGETARIAN/VEGETARIAN ALSO AVAILABLE