

## Task Activities

Complete one of the following activities each afternoon.

<p>Use the website <a href="https://www.bbc.co.uk/teach/supermovers">https://www.bbc.co.uk/teach/supermovers</a>, choose one of the videos and get active!</p>	<p>Draw a poster to encourage people to recycle. Use Welsh words if you can. Try to be persuasive. Put it by your recycling bin at home.</p>
<p><b>Clean pennies with vinegar!</b> You will need: A few old pennies, <math>\frac{1}{4}</math> cup of white vinegar, 1 teaspoon of salt, non-metal bowl, paper towels. What to do: Pour the vinegar into the bowl and add the salt - stir it up. Put about 5 pennies in the bowl and count to 10 slowly. Take out the pennies and rinse them in some water - admire their shininess!</p>	<p><b>Make a balloon rocket!</b> You will need: 1 balloon, 1 long piece of string, 1 plastic straw, tape. What to do: Tie one end of the string to the door handle, put the other end of string through the straw then tie to a chair. Blow up the balloon, but do not tie it. Attach the balloon to the straw with tape, let go and see what happens!</p>
<p>Add a decorated pebble/stone to the rock snake outside of Venerable Edward Morgan.</p>	<p>How many Kings and Queens have there been since Queen Victoria? Find out a fact about each.</p>
<p>Clap some different rhythms. Get someone to copy them.</p>	<p>Find the words for North, South, East and West in Welsh. Draw a plan of the room you are in. Can you identify the four main compass directions and label them in Welsh?</p>
<p>Look at Vincent Van Gogh's paintings of Sunflowers. How many did he do? What differences can you find? Create one of your own, what differences have you made?</p>	<p>Research the life of a Saint. Why are they canonised (made a saint)? What can you do to be more like the saint you have chosen?</p>